

Grid of program listings for days 1-11. Includes columns for day (e.g., 1 金 FRI, 2 土 SAT) and time slots with program titles and descriptions.

Grid of program listings for days 12-22. Includes columns for day (e.g., 12 火 TUE, 13 水 WED) and time slots with program titles and descriptions.

Grid of program listings for days 23-30. Includes columns for day (e.g., 23 土 SAT, 24 日 SUN) and time slots with program titles and descriptions.

PICK UP GIRLS section featuring photos and promotional text for specific performers, including '三田杏' and '吉沢明歩'.

OA中の番組の詳細はコチラ (Details for programs currently on air) with a QR code and the website URL rainbow-ch.com/m.